

Primary School Inter-schools' Athletics Meeting



6 February 2024

Jan van Riebeeck High School

Sport Fields



DEUTSCHE
INTERNATIONALE
SCHULE
KAPSTADT



GENERAL ARRANGEMENTS AND RULES

GENERAL ARRANGEMENTS

1. The meeting starts at 08:30.
2. All athletes and team managers must be seated on the pavilion by 08:00.
3. All officials to report to the Clubhouse at 07:45.
4. Parking is available on the Buys field above the athletics field. Entry is R20 per car for spectators. Officials and buses will get free entrance.
5. Entrance is free for athletes and officials. R20 entrance fee for spectators.
6. Refreshments will be for sale at the kiosk.

School	Abbreviation on program
Camps Bay	CB
Deutsche Schule	DSK
Jan van Riebeeck	JVR
Kronendal	KR
Reddam House	REM
Sea Point	SP
St Cyprians	StC
Tamboerskloof	TAM
Hout Bay International	HBI



GENERAL RULES

1. Please put litter in bins provided.
2. Respect officials – poor behaviour etc. can result in suspension of an athlete.
3. No alcohol or glass bottles will be allowed at the stadium, security will act against offenders.
4. Team Managers are responsible for the good conduct and behaviour of their own athletes.
5. First aid will be provided at the stadium in the case of injuries or emergencies.
6. All track events get preference over field events.
7. No person, except officials, will be allowed within the track. The same applies to athletes who are not participating. Only Team Managers may enter the competition area to escort their athletes or to launch an appeal.
8. No results is final unless it has been verified and approved by assigned officials. The announcement will be the final result.

BEAMPTES/ OFFICIALS

ORGANISEERDER / ORGANISER:		L. Hanekom (JVR)
BAAN- EN VELDSKEIDSREGTER / REFEREE:		L. Hanekom (JVR)
TEGNIESE BESTUURDER / TECHNICAL MANAGER:		E. Snyman (JVR)
AANKONDIGER / ANNOUNCER:		Y. Williams (DSK)
AFSITTER / STARTER:		R. Smith(CB)
AFSITTERASSISTENT / STARTER ASSISTENT		S. Felix (JVR)
HUPLAFSITTERS / CHECK STARTERS:	HEAD	A. le Roux (JVR) C. Abrahams (KR) D. Gomm (DSK) S. Bulley (SP)
TYDHOUERS / TIMEKEEPERS:	HEAD (1)	A. Lourens (JVR)
	(1)	C. Ashworth (KR)
	(2)	T. Blight (TAM)
	(2)	C. Behr (StC)
	(3)	C . Lennox (HBI)
	(3)	D. Neetling (SP)
	(4)	M. van der Merwe (RED)
	(5)	R. Stevens (DSK)
	(6)	D. Gomm (CB)
	ADMIN	M. ter Borg (JVR)
BAANBEOORDELAARS / TRACK OFFICIALS:	HEAD(1)	M. Bennie (RED)
	(1)	G. Matthews (DSK)
	(2)	C. Ossey (StC)
	(3)	N. Milton (HBI)
	(4)	C. Dean (SP)
	(5)	J. Hoffman (TAM)
	(6)	J. Cornelious (KR)

WENPAALBEAMPTES / LINE OFFICIALS:	ADMIN	T. Abrahams (CB)
	ADMIN	G. Patrick (SP)
HOEKBEAMPTES / CORNER JUDGES:	<4	Official (CB)
	<3	Official (DSK)
	<2	Official (JVR)
	<1	Official (KR)
SEKRETARIAAT / RECORD OFFICIALS:		L. Hanekom (JVR)
		M. Wright (JVR)
		E. Snyman (JVR)
VERVERSINGS / REFRESHMENTS:		JVR
NOODHULP / FIRST AID:		Medics for Events
SEKURITEIT / SECURITY		PPA
VELDITEMS / FIELD EVENTS		
HOOGSPRING / HIGH JUMP Put A Dogters / Girls	HEAD	B. Davids (STC)
		T. Rampul (RED)
		Z. Mortimer (KR)
HOOGSPRING / HIGH JUMP Put B: Seuns / Boys	HEAD	E. Carolissen (STC)
		R. Moss (CB)
		R. Lok (KR)
VERSPRING / LONG JUMP Put A: Dogters / Girls	HEAD	S. Rose (TAM)
		A. Sauls (HBI)
		S. Vester (STC)
VERSPRING / LONG JUMP Put B Seuns / Boys	HEAD	K. van Schalkwyk (DSK)
		JL. Engelbrecht (TAM)
		L. Dunn (SP)
GEWIGSTOOT / SHOT PUT: Put A Dogters / Girls	HEAD	M. Zondag (JVR)
		A. Zimbler (RED)
		L. Loots (CB)
GEWIGSTOOT / SHOT PUT: Put B Seuns / Boys	HEAD	C. Brink (HBI)
		D. Misplon (RED)
		A. Manyathela (DSK)



ITEMS / EVENT LIST

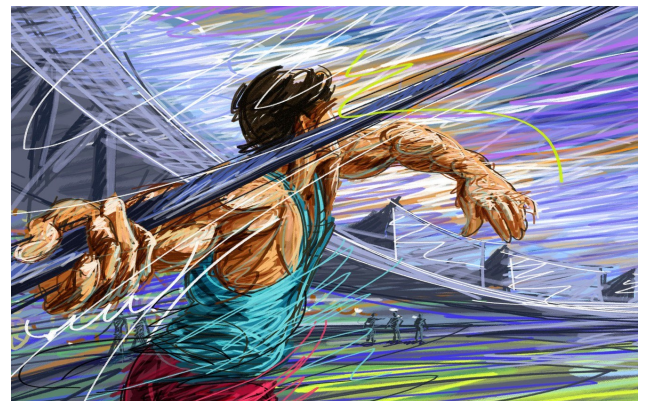
Verwelkoming / Welcoming: 07:45

Baannommers / Track events

No	TYD	ITEM	OUDERDOM
FINAAL/ FINAL			
1	08:30	1500m	G - 0/13
2		1500m	B - 0/13
5		1200m	G - 0/12
6		1200m	B - 0/12
9		1200m	G - 0/11
10		1200m	B - 0/11
13		1200m	G - 0/10
14		1200m	B - 0/10
FINAAL/ FINAL			
19	09:45	70m Hurdles	G - 0/10
20		70m Hurdles	B - 0/10
21		70m Hurdles	G - 0/11
22		70m Hurdles	B - 0/11
25		75m Hurdles	G - 0/12
26		75m Hurdles	B - 0/12
27		75m Hurdles	G - 0/13
28		80m Hurdles	B - 0/13
UITDUNNE / HEATS			
29	10:45	80m	G - 0/8
30		80m	B - 0/8
37		80m	G - 0/9
38		80m	B - 0/9
FINAAL/ FINAL			
39		80m	G - 0/8
40		80m	B - 0/8
43		80m	G - 0/9
44		80m	B - 0/9
UITDUNNE / HEATS			
45	11:15	100m	G - 0/10
46		100m	B - 0/10
47		100m	G - 0/11
48		100m	B - 0/11

Veldnummers / Field events

No	TYD	ITEM	OUDERDOM
3	8:50	Long Jump (B)	B - 0/12
4		Long Jump (A)	G - 0/12
7	8:50	Shot Put (B)	B - 0/11
8		Shot Put (A)	G - 0/11
11	8:50	High Jump (A)	G - 0/13
12		High Jump (B)	B - 0/13
15	9:50	Long Jump (A)	G - 0/11
16		Long Jump (B)	B - 0/11
17	9:50	Shot Put(B)	B - 0/10
18		Shot Put (A)	G - 0/10
23	9:50	High Jump (B)	B - 0/12
24		High Jump (A)	G - 0/12
31	10:50	Shot Put (A)	G - 0/13
32		Shot Put (B)	B - 0/13
33	10:50	Long Jump (A)	G - 0/10
34		Long Jump (B)	B - 0/10
35	10:50	High Jump (A)	G - 0/11
36		High Jump (B)	B - 0/11
41	11:50	Long Jump (A)	G - 0/13
42		Long Jump (B)	B - 0/13



Baannommers / Track events

FINAAL/ FINAL			
53	11:45	150m	G - 0/12
54		150m	B - 0/12
55		200m	G - 0/13
56		200m	B - 0/13
FINAAL/ FINAL			
57	12:05	100m	G - 0/10
58		100m	B - 0/10
59		100m	G - 0/11
60		100m	B - 0/11
FINAAL/ FINAL			
61	12:25	800m	G - 0/13
62		800m	B - 0/13
Uitdunne / Heat			
63	12:40	80m	G - 0/10
64		80m	B - 0/10
65		80m	G - 0/11
66		80m	B - 0/11
67		100m	G - 0/12
68		100m	B - 0/12
69		100m	G - 0/13
70		100m	B - 0/13
FINAAL/ FINAL			
71	13:40	80m	G - 0/10
72		80m	B - 0/10
73		80m	G - 0/11
74		80m	B - 0/11
75		100m	G - 0/12
76		100m	B - 0/12
77		100m	G - 0/13
78		100m	B - 0/13
FINAAL/ FINAL			
79	14:15	4 x 100m	G - 0/10
80		4 x 100m	B - 0/10
81		4 x 100m	G - 0/11
82		4 x 100m	B - 0/11
83		4 x 100m	G - 0/12
84		4 x 100m	B - 0/12
85		4 x 100m	G - 0/13
86		4 x 100m	B - 0/13

Veldnummers / Field events

49	11:50	Hoogspring (A)	G - 0/10
50		Hoogspring (B)	B - 0/10
51	11:50	Shot Put (B)	B - 0/12
52		Shot Put (A)	G - 0/12

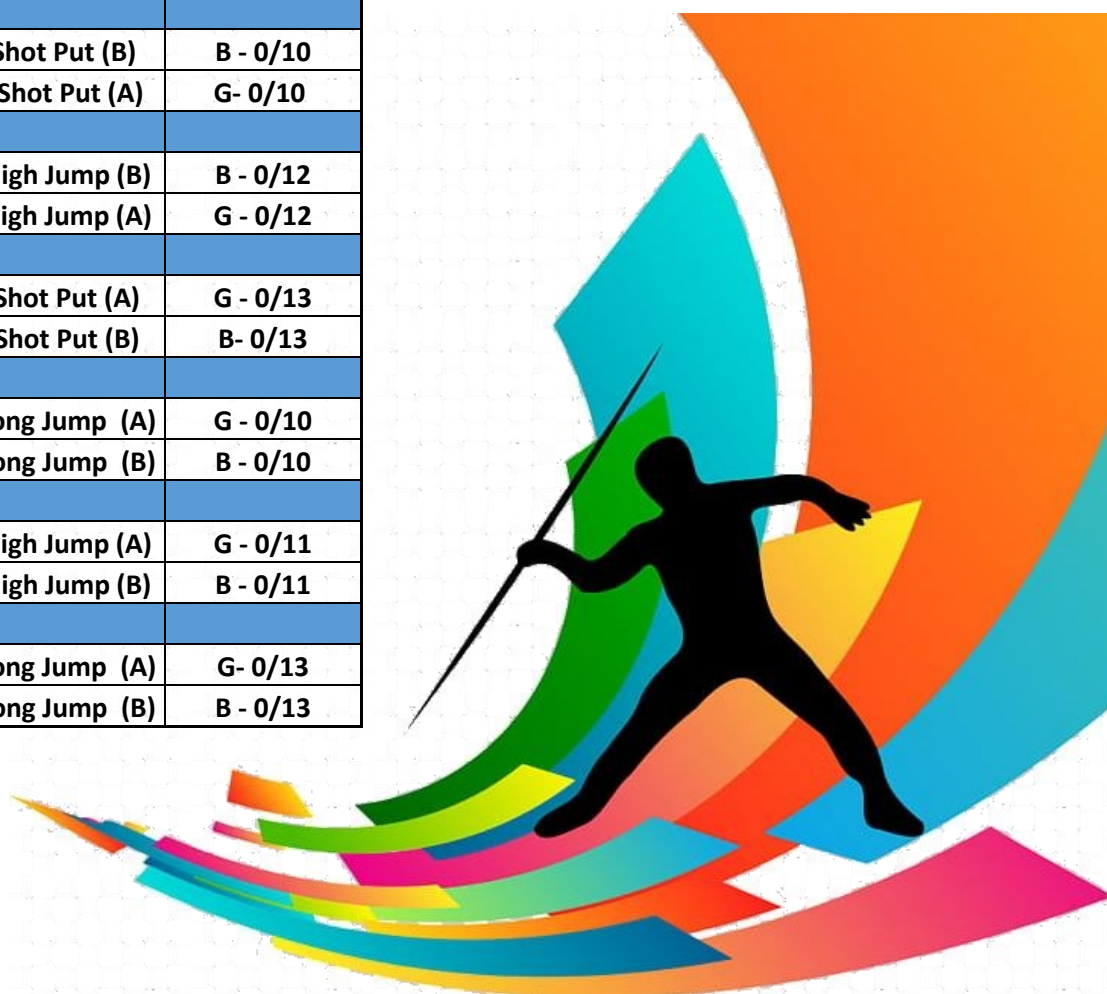


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18		Shot Put (A)	G - 0/10
23	9:50	High Jump (B)	B - 0/12
24		High Jump (A)	G - 0/12
33	10:50	Shot Put (A)	G - 0/13
34		Shot Put (B)	B - 0/13
35	10:50	Long Jump (A)	G - 0/10
36		Long Jump (B)	B - 0/10
37	10:50	High Jump (A)	G - 0/11
38		High Jump (B)	B - 0/11
45	11:50	Long Jump (A)	G - 0/13
46		Long Jump (B)	B - 0/13

53	11:50	High Jump (A)	G - 0/10
54		High Jump (B)	B - 0/10
55	11:50	Shot Put (B)	B - 0/12
56		Shot Put (A)	G - 0/12



AFLOSBANE / RELAY LANES

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
Girls 10	JVR	DSK	CB	RED	STC	
Boys 10	RED	JVR	DSK	CB	RED	
Girls 11	STC	RED	JVR	DSK	CB	TAM
Boys 11	TAM	HBI	RED	JVR	DSK	CB
Girls 12	CB	STC	DSK	JVR		
Final 2	TAM	HBI	RED			
Boys 12	CB	TAM	HBI	RED	JVR	DSK
Girls 13	DSK	CB	TAM	STC	RED	JVR
Boys 13	RED	JVR	DSK	TAM	CB	

**Thank you for your
support.**

