

**Aflos-Gala 3 November 2023**  
**Laerskool Jan van Riebeeck**

EVENT	AGE GROUP	FREESTYLE	Relay Team	
1	GIRLS U7	4 x 25m Freestyle Relay	1. Anouk Jacobsz	2. Anna Leach
	Reserve		3. Kasey Coulson	4. Anika Cronje
1	BOYSU7	4 x 25m Freestyle Relay	1. Matthias Boonzaaier	2. Jean-Jacques Rossouw
	Reserve		3. Sebastiaan van Heerden	4. Graeme Ford
3	GIRLS U8	4 x 25m Freestyle Relay	1. Nina de Villiers	2. Clara Wiese
	Reserve		3. Kitty Partner	4. Lucy le Roux
4	BOYS U8	4 x 25m Freestyle Relay	1. Jan-Jurie Fourie	2. Louis Hofmeyer
	Reserve		3. Pieter Derksen	4. Lukas Loubser
5	GIRLS U9	4 x 25m Freestyle Relay	1. Ellen van Heerden	2. Hanna Thom
	Reserve		3. Bella Malan	4. Uthi Candisa
6	BOYS U9	4 x 25m Freestyle Relay	1. Daniel van den Berg	2. Karl von Lieres
	Reserve		3. Stef Nel	4. Luc Zietsman
7	GIRLS U10	4 x 25m Freestyle Relay	1. Cato Terblanche	2. Ghia Pereira
	Reserve		3. Joan van Vreden	4. Bella Naylor
8	BOYS U10	4 x 25m Freestyle Relay	1. Jake van der Walt	2. Pieter Rademeyer
	Reserve		3. Rafa Lamprecht	4. Dane Botha
9	GIRLS U11	4 x 25m Freestyle Relay	1. Jeanne van Heerden	2. Stella Pansegrouw
	Reserve		3. Kendall Dennehy	4. Phia Fouché
10	BOYS U11	4 x 25m Freestyle Relay	1. Alexander Weideman	2. Rudi Badenhorst
	Reserve		3. Joshua van der Berg	4. Carter Schoeman
11	GIRLS U12	4 x 25m Freestyle Relay	1. Karu Rademeyer	2. Hila Hertzog
	Reserve		3. Bailey Thompson	4. Stella Zulch
12	BOYS U12	4 x 25m Freestyle Relay	1. Delmar Benecke	2. Conrad Slabber
	Reserve		3. Frank van der Walt	4. Adriaan Wessels
13	GIRLS Open	4 x 25m Freestyle Relay	1. Mieke Bremer	2. Carmen Barnard
	Reserve		3. Emma van Biljon	4. Mieke Nel
14	BOYS Open	4 x 25m Freestyle Relay	1. Dax Liversage	2. Ruald Naude
	Reserve		3. Dawid-Wiese Viljoen	4. Lukas Goosen
		<b>BACKSTROKE</b>		
15	GIRLS U8	4 x 25 m Backstroke Relay	1. Kitty Partner	2. Clara Wiese
	Reserve		3. Lucy le Roux	4. Inge Engelbrecht
16	BOYS U8	4 x 25 m Backstroke Relay	1. Jan-Jurie Fourie	2. Merwe Gouws
	Reserve		3. Pieter Derksen	4. Bar Forsyth
17	GIRLS U9	4 x 25 m Backstroke Relay	1. Ellen van Heerden	2. Nina Bremer
	Reserve		3. Mia Laubscher	4. Uthi Kandisa
18	BOYS U9	4 x 25 m Backstroke Relay		
	Reserve			
19	GIRLS U10	4 x 25 m Backstroke Relay	1. Ghia Pereira	2. Cato Terblanche
	Reserve		3. Joan van Vreden	4. Anouk van der Linde
20	BOYS U10	4 x 25 m Backstroke Relay	1. Chris Derksen	2. Rafa Lamprecht
	Reserve		3. Dane Botha	4. Pieter Rademeyer
21	GIRLS U11	4 x 25 m Backstroke Relay	1. Anna Viljoen	2. Stella Pansegrouw
	Reserve		3. Jeanne van Heerden	4. Amelie van der Walt
22	BOYS U11	4 x 25 m Backstroke Relay	1. Julian Engelbrecht	2. Leo Wiese
	Reserve		3. Francois Boshoff	4. Carter Schoeman
23	GIRLS U12	4 x 25 m Backstroke Relay	1. Hila Hertzog	2. Karu Rademeyer
	Reserve		3. Bailey Thompson	4. Jana Olivier
24	BOYS U12	4 x 25 m Backstroke Relay	1. Delmar Benecke	2. Conrad Slabber
	Reserve		3. Adriaan Wessels	4. Frank van der Walt
25	GIRLS Open	4 x 25 m Backstroke Relay	1. Carmen Barnard	2. Liza Hertzog
	Reserve		3. Mieke Bremer	4. Emma van Biljon
26	BOYS Open	4 x 25 m Backstroke Relay	1. Dax Liversage	2. Dawid-Wiese Viljoen
	Reserve		3. Ruald Naudé	4. Calla van Vreden
		<b>MEDLEYS</b>		
27	GIRLS U10	4 x 25 m Medley Relay	Bk: Ghia Perreira	Br: Cato Terblanche
	Reserve		Fly: Ellen van Heerden	FR: Bella Naylor
28	BOYS U10	4 x 25 m Medley Relay	Bk: Pieter Rademeyer	Br: Rafa Lambrecht
	Reserve		Fly: Daniel van der Berg	Fr: Jake van der Walt
29	GIRLS U11	4 x 25 m Medley Relay	Bk: Anna Viljoen	Br: Kendall Dennehy
	Reserve		Fly: Stella Pansegrouw	FR: Jeanne van Heerden
30	BOYS U11	4 x 25 m Medley Relay	Bk: Julian Engelbrecht	Br: Joshua van den Berg
	Reserve		Fly: Rafa Lamprecht	Fr: Alexander Weideman
31	GIRLS U12	4 x 25 m Medley Relay	BK: Hila Hertzog	BR: Ané Swanepoel
	Reserve		Fly: Karu Rademeyer	FR: Bailey Thompson
32	BOYS U12	4 x 25 m Medley Relay	BK: Conrad Slabber	BR: Adriaan Wessels
	Reserve		Fly: Delmar Benecke	FR: Frank van der Walt
33	GIRLS Open	4 x 25 m Medley Relay	BK: Liza Hertzog	BR: Klara Steyn
	Reserve		Fly: Carmen Barnard	FR: Mieke Bremer
34	BOYS Open	4 x 25 m Medley Relay	Bk: Calla van Vreden	BR: Ruald Naudé
	Reserve		Fly: Dawid-Wiese Viljoen	FR: Dax Liversage
35	GIRLS	8 x 25m Ladder Relay	1. U7: Anouk Jacobsz	2. U8: Nina de Villiers
		1 x U7, U8, U9, U10, U11, U12, 2 x Open	3. U9: Ellen van Heerden	4. U10: Ghia Pereira
			5. U11: Jeanne van Heerden	6. U12: Karu Rademeyer
			7. Open: Mieke Bremer	8. Open: Carmen Barnard
36	BOYS	8 x 25m Ladder Relay	1. U7: Matthias Boonzaaier	2. U8: Jan-Jurie Fourie
		1 x U7, U8, U9, U10, U11, U12, 2 x Open	3. U9: Daniel van den Berg	4. U10: Jake van der Walt
			5. U11: Alexander Weideman	6. U12: Delmar Benecke
			7. Open: Dax Liversage	8. Open: Dawid-Wiese Viljoen